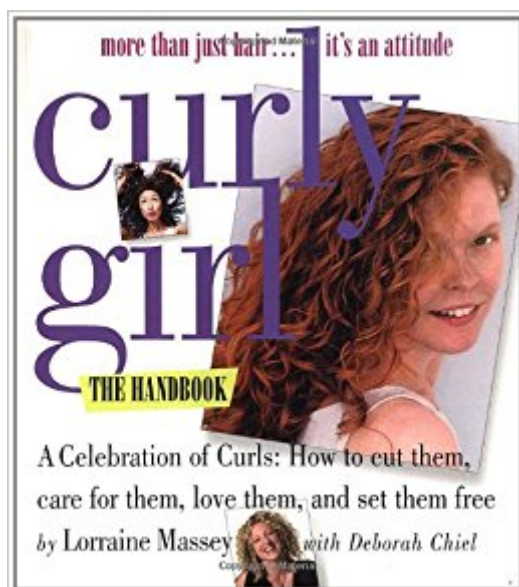


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Curly Girl



Synopsis

The Curly Girl manifesto is back, now completely revised, updated, and expanded by more than a third with all-new material. Created by curly hair evangelist Lorraine Massey—the go-to curl expert featured in Allure, InStyle, Lucky, Seventeen, and The New York Times; owner of the Devachan salons in New York; and creator of a multimillion-dollar line of all-natural Devachan products—Curly Girl is the surprising bible for the 65 percent of women with naturally curly or wavy hair and a desire to celebrate it. Curly Girl is packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude. It's all here: daily routines for Botticelli, fractal, and wavy curls; Lorraine's no-more-shampoo epiphany—handle your hair as gently as you do your best cashmere sweater; homemade lotions and potions. New to this edition: an illustrated, step-by-step guide to trimming your own hair (Remember: It's not what you take off; it's what you leave on.); a section on the particular needs of wavy hair; Lorraine's Down-and-Dirty Curly Boy Routine; more fabulous 'dos for weddings and other special occasions; a chapter on multicultural hair written by an African American specialist at Devachan. Plus, updated information on green and chemical-free products, 20 new Q&A's, and a DVD with tutorials on caring for four different types of curls. From now on, there's no such thing as a bad hair day.

Book Information

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Customer Reviews

Ironing your hair. Wrapping it. Setting it on juice cans (or, worse, soup cans). Plastering it with Dippity-Do. Since the Sixties, women with curly or wavy hair have been denying the obvious and trying to get that stick-straight look. Curls are finally in again, but a lot of curly types have no idea

how to drop the blow dryer and let nature take its course. Along comes Massey, founder and co-owner of Devachan, a New York salon catering to these women. Part inspiration (you, too, can shed your inhibitions and discover your inner curl) and part instruction, this book gives excellent advice for cutting, styling, and caring for curly hair. Massey begins by explaining how curly hair differs from straight hair. She then distinguishes among three types of curly hair (corkscrew, Botticelli, and wavy), explains how to decide your type, and provides a detailed program for each. Helpful illustrations and entertaining "Curly Girl Confessions" abound. Massey's enthusiasm is infectious, her advice is clear and cogent, and her book is unique; there is as yet nothing else out there to help curly girls manage their hair. The 7 1/2" by 6 1/2" format and a few worksheet pages may seem problematic for libraries, but ignore all that. Some 65 percent of your women patrons have curly or wavy hair, and they need this book. Highly recommended for public libraries. [Coming in August from Three Rivers Press is hairstylist Ouidad's Curl Talk. Ed.] Barbara Hoffert, "Library Journal." - Barbara Hoffert, "Library Journal" Copyright 2002 Reed Business Information, Inc.

"There's a curly wave sweeping the nation and Lorraine Massey is leading the charge." -- Dallas Morning News

I have been perusing articles on naturallycurly.com for the past year, and learn only tidbits at a time. I am constantly re-directed to other articles, which may or may not merely be trying to sell a product, sometimes even with false information. Curly Girl, however, does not try to sell products AT ALL, even though the author has her own line out (which I have heard great things about from stylists), suggests many homemade recipes, and succinctly gives accurate, useful information on dealing with curly hair. The first couple chapters are not entirely necessary--they mainly focus on trying to convince you to like your curls, and tell over-dramatic stories of women whose lack of acceptance of their curls has ruined their lives, to the point of marrying the wrong man. This is somewhat dated, as curls are not nearly so unpopular as they were a few decades ago. But once the book starts to actually talk about how to take care of your curls, it is very helpful. The one issue is that it really doesn't focus on volume at all, which is popular today. If you have wavy or botecelli-type curls (aka type 2 hair), their advice winds up making your hair look like you just stepped out of the 90s. You have to adjust it for the volume required in today's hairstyles. However, when I try to get volume, I wind up getting more frizz. I would like a book that teaches me how to achieve volume without frizz. Overall, though, the book's probably the best bet out there for curly-haired women, if you're going to purchase just one book.

I purchased this book since it's a staple in the collections of many curly girls. I'd heard of the curly girl method, and had tried versions of this method in the past. However, I was ready to learn the routine from the original innovator, instead of doing various derivative versions. I'm African American, and I have kinky-coily hair (not exactly "curly" but definitely textured). I found the advice to be solid and a great starting point for someone that is learning their curly hair. However, since I've been working with my natural texture for over 10 years, I already knew many of the things mentioned within this book. Also, there wasn't a lot of information that I could use personally, since the kinkiness of my texture doesn't lend itself well to some of the techniques mentioned in the book. Even though I didn't get a lot of benefit from the book, I would definitely recommend it to someone that wants to learn some good hair practices while embracing the curliness. There is a lot of sound techniques that would work well for people that want to handle their curls in the best way.

I imagine like most people with naturally curly hair, I have struggled with finding the perfect 'product' and care routine for my hair. My bathroom cabinet had a whole shelf dedicated to practically full bottles of de-frizzing, curl-enhancing, mane-taming products that I bought, tried, and was disappointed with. I even contemplated straighteners. I am so glad I bought this book instead! Naturally Curly hair is DIFFERENT than straight hair, and requires DIFFERENT care. It needs to be treated like a cherished hand-knit wool sweater. You wouldn't throw it in the washer on a normal setting, then toss it in the dryer. Or if you did you, you would ruin your precious heirloom. Your naturally curly hair is much the same. Washing with shampoo, and using the hair dryer will ruin your hair. This book explains this much better than I can, and gives the science behind a revolutionary care routine that will forever change the way you take care of your curls. I am 34, Caucasian, and have color treated hair that I have always considered to be thick and dry. My hair ranged from wavy and frizzy to curly and frizzy most days. Now I have beautiful ringlets! I shared this book with my husband's aunt, who is the guardian of a little girl of mixed heritage. She would talk about how difficult it was for her to take care of the little girl's hair, which was very kinky curls. I noticed that after she returned the book, the little girl's hair was beautiful! The curls were allowed to be natural, instead of pulled back tightly in an attempt to control the frizz. I also shared this book with my hair-dresser, as it included tips for cutting naturally curly hair. If your hair dresser starts you off with a shampoo, and then cuts your hair wet, they need to read this book too! After reading this book, and following several of the routines outlined in it, I have fallen in love with my hair and it's curls. I get comments from people who have known me for years, asking if I've permed my hair.

They are stunned that my perfect ringlets are natural. I would strongly encourage anyone with wavy, curly, frizzy, anything other than stick-straight hair, to snap this book up in an instant! You will not regret it, and your hair will thank you!

I have always loved my curly hair, but had to fight with it being incredibly frizzy and dry and damaged. It spent most of its time in a ponytail or cut short and poofy (when I was a kid). This book shows you what makes a curly girl a curly girl, helps you decide what type of hair you have and then shows you how to get rid of all the stuff you do to fight your hair and live with it peaceably. My hair has been softer, shinier, stronger, healthier and easier to manage. I reread and use this book all the time. I have shown it and lent it to several other people and am always telling people how I do my hair differently because of this book. The author uses little stories and pictures to show you how your hair can be healthier and even provides RECIPES for your own hair defrizzers, detanglers, masks, oils, etc. It's great for women and girls and helps you to appreciate what you have because it brings out its natural beauty!

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